



**RELEASE + LIABILITY FORM**

**CLIENT NAME (PRINT):** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**HOME ADDRESS:**  
\_\_\_\_\_  
\_\_\_\_\_

**\*PHOTOCOPY OF DRIVERS LICENSE**

**EMAIL ADDRESS:** \_\_\_\_\_

**PHONE NUMBER:** \_\_\_\_\_

**EMERGENCY CONTACT (NAME):** \_\_\_\_\_ **PHONE:** \_\_\_\_\_

**ENROLLMENT:**

I have enrolled in a program of strenuous physical activity including but not limited to cardio, strength, and mobility - and the use of various conditioning and exercise equipment designed, offered, recommended and or supervised by RaceStart Training, LLC (which will be abbreviated as RS). I hereby affirm that I am in good physical condition and do not suffer from any disability that would prevent or limit my participation in this program. In consideration of my participation in this program, I hereby release RS and their coaches from any and all claims, demands or causes of action arising from my participation in the program and for any use of the equipment being used.

**(INITIAL)** \_\_\_\_\_

**RISK OF INJURY:**

I fully understand that I may suffer injury as a result of my participation in the training program and I hereby release RS from any and all liability now or in the future- Including but not limited to medical expenses, lost wages, pain and suffering that may occur by reason of heart attacks, muscle strains, pulls, or tears, broken bones, shin splints, knee/lower back, foot injury, and any other illness, soreness, or injury. RS is not to be held responsible whether injury may occur during or after my session or use of the condition and exercise equipment and facility, regardless of fault. I understand that I may stop whenever I wish due to the feelings of fatigue or any other discomfort. They include but are not limited to abnormal blood pressure, fainting, irregular, fast, or slow heart rhythm, and in rare instances, heart attack, stroke, or death. I understand that every effort will be made to minimize these risks by evaluation of preliminary information relating to my health and fitness and by observation during training. I understand that I am free to stop the training at any point, if I desire.

**(INITIAL)** \_\_\_\_\_

## PRICING + PAYMENT:

: I acknowledge and agree that this training contract is not transferable or assignable. I acknowledge that payment is required in advance of actual training sessions and I agree to pay in advance for any training session(s)/class(es). I understand that this money is nonrefundable. I understand that this contract and terms it presents is for the purchase of sessions and any other purchase of services in the future. I acknowledge that this specific contract, release and liability, consent and agreement is continuously valid indefinitely. No refund will be granted for sessions that have not been completed upon date of expiration (refer to our terms and conditions). If I do not follow the program or fail to conduct myself in an appropriate manner I understand that RS has the right and authority to terminate the program at any time, with no refund.

(INITIAL) \_\_\_\_\_

## CANCELLATION + LATENESS:

I acknowledge that appointment times are reserved and that cancellations must be made 24hrs in advance. Cancellations must be made by calling #262-497-1844. (Voice mail will record time and date). I understand that I will not receive a refund for missed appointments. It is my responsibility to attend my scheduled training appointments/classes when they are scheduled. I understand that appointments will begin and end promptly as scheduled. I acknowledge that any delays to that start of a scheduled appointment will not be a cause to extend services being provided beyond the remainder of the scheduled time. I will not expect or ask my trainer to run overtime unless otherwise stated. If rescheduling occurs understand that appointments are made on first come first serve basis.

(INITIAL) \_\_\_\_\_

## PHOTO RELEASE FORM:

I hereby assign full copyright of photos taken at RaceStart Training to RS (and the related representatives and assigns) together with the right of reproduction either wholly or in part. I grant RS or licensees or assignees the permission to the above-mentioned photographs either separately or together, either wholly or in part, the perpetual and irrevocable and unrestricted right to use and publish video and/or photographs of me, or where I may be included for editorial trade, product advertising and such other fashion/business purpose in any manner and medium. RS and licensees or assignees may have unrestricted use of these for whatever purpose, including advertising, with any retouching or alteration without restriction. I may share these images on media sites of my choosing. I agree that the above mentioned photographs and any reproductions shall be deemed to represent an imaginary person, and further agree that the Photographer or any person authorized by or acting on his or her behalf may use the above mentioned photographs or any reproductions of them for any advertising purposes or for the purpose of illustrating any wording, and agree that no such wording shall be considered to be attributed to me personally unless my name is used. Provided my name is not mentioned in connection with any other statement or wording which may be attributed to me personally, I undertake not to prosecute or to institute proceedings, claims or demands against RS or his or her agents in respect of any usage of the above mentioned photographs. I hereby release the photographer named above from all claims and liability relating to images, video or photographs taken of me. I have read this model release form carefully and fully understand its meanings and implications.

(INITIAL) \_\_\_\_\_

**COM I hereby agree to accept and be legally bound by this personal training contract. By signing this document, I attest, contract, acknowledge and agree that I am legally bound by its content.**

CLIENT NAME (PRINT): \_\_\_\_\_

DATE: \_\_\_\_\_

CLIENT NAME (SIGN): \_\_\_\_\_

DATE: \_\_\_\_\_